

CURRICULUM VITAE

J Ryan Fuller, Ph.D.

New York Behavioral Health

909 Third Avenue, Suite 505
New York, NY 10002

230 Park Avenue, Suite 1000
New York, NY 10069

646-495-3078 | Fuller@NYBhealth.com | www.NYBhealth.com

CURRENT POSITION

Clinical Director
New York Behavioral Health, New York, NY
April 2007 to present

EMPLOYMENT HISTORY AND PROFESSIONAL EXPERIENCE

Director of Research
Albert Ellis Institute, New York, NY
May 2004 to October 2008

Clinical Research Psychologist
St. John's University, Jamaica, NY
August 2005 to September 2008

Director of Behavior
New York Obesity Research Center-
Weight Loss Program (NYORC-WLP),
St. Luke's-Roosevelt Hospital, New York, NY
October 2005 to March 2008

Coordinator of Research and Staff Therapist
Albert Ellis Institute, New York, NY
July 2003 to May 2004

Senior Behaviorist
New York Obesity Research Center-
Weight Loss Program (NYORC-WLP),
St. Luke's-Roosevelt Hospital, New York, NY
October 2004 to October 2005

Post-doctoral Research Fellowship
St. John's University
Psychology Department, Jamaica, NY
August 2003 to August 2005

Clinical Fellow
Albert Ellis Institute, New York, NY
June 2001 to July 2003
Conducted individual and group psychotherapy

Adjunct Faculty
Hofstra University, Hempstead, NY
January 2000 to 2004
Taught Introductory Psychology and Behavior Modification

School Psychology Intern
William Floyd High School, Mastic Beach, NY
August 2000-2001

Instructor SAT and GRE
Kaplan Test Preparation, Amherst, MA
1998

Research Assistant
Anger Program, Psychology Department, Hofstra University
September 1998 to September 2002

Research Assistant
PREP Program, Psychology Department, The University of North Carolina
Spring 1996 and Fall 1996

Research Assistant
Self-Concept Study, Psychology Department, The University of North Carolina
Spring 1995

State Psychiatric Hospital Volunteer
John Umstead Hospital, Butner, NC
Volunteered in the Work Activity Center
Spring 1995

EDUCATION

The University of North Carolina at Chapel Hill
Bachelor of Arts: Psychology, 12/96

Hofstra University
Master of Arts with Distinction: Clinical Psychology & School Psychology, 5/99
Doctor of Philosophy: Clinical Psychology & School Psychology, 5/04

HONORS

Julia Vane Endowed Distinguished Academic Scholar
•Full Scholarship to Ph.D. program in Clinical Psychology

Arnold Horowitz Memorial Scholarship

Robert Bane Memorial Scholarship

PUBLICATIONS

Fuller, J.R., DiGiuseppe, R., Fountain, T., O'Leary, S., Lang, C. (in press). An open trial of a comprehensive anger treatment program on an outpatient sample anger. *Behavioural and Cognitive Psychotherapy*.

Fives, C. J., Kong, G., Fuller, J. R., DiGiuseppe, R. (in press). Aggression, anger, and irrational beliefs in adolescents. *Cognitive Therapy & Research*.

Fuller, J.R. (2008). Loneliness: Antecedent and Sequel of Obesity. In the *Encyclopedia of Obesity*. SAGE Publications.

McDermut, W., Fuller, J.R., DiGiuseppe, R., Chelminski, I., Zimmerman, M. (2008). Trait Anger and Axis I Disorders: Implications for REBT. *Journal of Rational Emotive Cognitive Behavior Therapy*.

Froh, J. J., Fives, C. J., Fuller, J. R., Jacofsky, M. D., Terjesen, M. D., & Yurkewicz, C. (2007). Interpersonal relationships and irrationality as predictors of life satisfaction. *Journal of Positive Psychology*, 2, 1-11.

Moran, D.J. & Fuller, J.R. Rational-Emotive Behavior Therapy and Psychological Adjustment after Bariatric Surgery, *Obesity Health Magazine* (2006).

Blau, S., Fuller, J.R., & Vaccaro, T. (2006). Rational-Emotive Disputing and the Five-Factor Model: Personality dimensions of the Ellis Emotional Efficiency Inventory. *Journal of Rational Emotive Cognitive Behavior Therapy*, 24(2), 87-100.

Lachmund, E., DiGiuseppe, R., & Fuller, J. R. (2005). Clinicians' diagnosis of a case with anger problems. *Journal of Psychiatric Research*, 39(4), 439-447.

Fuller, J. R. (2004). [Effects of diaphragmatic breathing, overt typical and rational verbalizations on heart rate, galvanic skin response, and self-reported anger in response to verbal insults](#). Dissertation Abstracts International: Section B: The Sciences and Engineering, 65(5- B), pp. 2624.

DiMattia, D. & Fuller, J.R. (2003). Rational Emotive Behavior Therapy in the Workplace. *Journal of Cognitive and Behavioral Psychotherapy*, 5, 30-52.

Kassinove, H., Owens, S., Roth, D. & Fuller, J.R. (2002). Effects of Trait Anger and Anger Expression Style on Competitive Attack responses in a Wartime Prisoner's Dilemma Game. *Aggressive Behavior*, 28, 117-125.

Fuller, J.R. & Kassinove, H. (1999). Review of Silberman, M., *When Your Child is Difficult (Solve Your Toughest Child-Raising Problems with a Four-Step Plan That Works)*. *Journal of Cognitive Psychotherapy*, 13(3), 269-272.

CURRENTLY UNDER EDITORIAL REVIEW

Anger symptoms of clinic-referred outpatients with a community sample by *Psychological Reports*.

MANUSCRIPTS IN PREPARATION

Cognitions, Interpersonal Relations, and Life Satisfaction in Outpatients. Fuller, J.R., Hickey, M., Levine, & Kong, G.

Evaluation of the Psychometric Properties of the Shortened General Attitude and Beliefs Scale (SGABs). Fuller, J.R., Esposito, M., Chen, M.

Effects of Diaphragmatic Breathing, Irrational and Rational Beliefs on EKG, GSR, and Anger. Fuller, J.R., Kassinove, H., Chen, M.

The Comorbidity of Anger Symptoms with Personality Disorders In Psychiatric Outpatients

SCIENTIFIC AND PROFESSIONAL PRESENTATIONS

Cognitive Therapy & Rational Emotive Behavior Therapy: Differences in Theory and Techniques (April 2009), Brooklyn College Graduate Counseling Program

Psychometric Properties of the Shortened General Attitudes and Beliefs Scale

J. Ryan Fuller, Maria A. Esposito, & Grace Kong. Presented at the annual meeting of the American Psychological Association, Boston, MA (2008).

Fuller, J.R., Hickey, M., Levine, Doyle, K. (August, 2007). Cognitions, Interpersonal Relations, and Life Satisfaction in Outpatients. Poster to be presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Fuller, J.R., Fountain, T., O'Leary, S., DiGiuseppe, R. (November, 2006). A Pilot Study of Anger Treatment with an Outpatient Sample. Paper presented as part of a symposium at the annual meeting of the American Psychological Association, New Orleans, LA.

Fuller, J.R.. (November, 2005). Cognitive-Behavioral Group Psychotherapy for Anger. Paper presented as part of a symposium on The Clinical Face of Anger: Clinical Presentation, Comorbidity, and Treatment at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C..

DiGiuseppe, R., Ahmed, A.G., & Fuller, J.R. (November, 2005). Anger Symptoms of Clinic-referred Outpatients and a Community Sample. Paper presented as part of a symposium on The Clinical Face of Anger: Clinical Presentation, Comorbidity, and Treatment at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C..

Fuller, J.R., Ahmed, A.G, DiGiuseppe, R., McDermut, W., & Zimmerman, M.. (November, 2005). Axis I Comorbidity of Outpatients with Anger Symptoms. Paper presented as part of a symposium on The Clinical Face of Anger: Clinical Presentation, Comorbidity, and Treatment at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C..

McDermut, W., & Fuller, J.R.. (November, 2005). Axis II Comorbidity of Outpatients with Anger Symptoms. Paper presented as part of a symposium on The Clinical Face of Anger: Clinical Presentation, Comorbidity, and Treatment at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C..

Terjesen, M., Fuller, J.R., Froh, J.J.. (November, 2005). Expanding Our Conception of Clinical Pathology: The Role of Adaptive Cognitions in Life Satisfaction. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C..

Froh, J.J., Terjesen, M., Fuller, J.R., Fives, C.J.. (November, 2005). Quality of Life Enhancement and Symptom Relief as Complementary Goals in Psychotherapy. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C..

Fuller, J.R. (November, 2004). REBT Group Homework. Paper to be presented as part of a symposium on Rational Emotive Behavior Therapy Group Psychotherapy: What Do We Know and Where Are We Going? at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Fuller, J.R., DiGiuseppe, & Ahmed, A.G. (November, 2004). Anger Symptom Differentiation: Outpatient Versus Normals. Poster to be presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Fuller, J.R., Kassinove, H., Kelter, J., & Pastor, S. (August, 2004). Effects of Diaphragmatic Breathing, Overt Irrational and Rational Verbalizations on Heart Rate, Galvanic Skin Response, and Self-reported Anger in Response to Verbal Insults. Poster presented at the annual meeting of the American Psychological Association, Honolulu, HA.

Fuller, J.R., DiGiuseppe, R., Canella, C. (August, 2004). Can Anger Be a Disorder Distinct from Depression?. Poster presented at the annual meeting of the American Psychological Association, Honolulu, HA.

Fuller, J.R. (May, 2003). Anger Treatment. Presentation for Continuing Education Credit. St. John's University, Jamaica, NY.

Fuller, J.R., Torres-Gallegos, M.T., & Kassinove, H. (November, 2003). Effects of Vocal Amplitude and Body Posture on Barb-induced Anger. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Fuller, J.R., Froh, J.J., Jacofsky, M.D., Terjesen, M.D., Fives, C., & Fuller, J.B. (November, 2003). Symptomology and Optimal Functioning as Orthogonal Constructs: Implications for Science and Practice. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Fuller, J.R., & Kassino, H. (August, 2002). Effects of Anger on Attack Responses in the Prisoner's Dilemma. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.

Allen, K., Fuller, J.R., Henkel, N., Terjesen, M., & DiGiuseppe, R. (August, 2002). Effects of Homework on Outcome Questionnaire in REBT Group. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.

Kassino, H., Fuller, J.R. (November, 2000). The Experience, Expression, and Treatment of Clinically Angry Men. Paper presented as part of a symposium on Anger: Implications in Community and Clinical Populations at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA .

Kassino, H., Fuller, J.R. (August, 2000). Interpersonal Insults, Anger, and Aggression: Rational Responses to Aversive Verbalizations. Paper presented as part of a symposium on Anger and Aggression: Episode Analysis, Prevention, Reduction, and Peace at the annual meeting of the American Psychological Association, Washington, D.C..

Fuller, J.R. & Diebold, J. (January, 2000) Aggression: Etiology, Expression, and Treatment Strategies. Paper presented as part of a symposium on Clinical and Family Problems: Empirically Based Solutions for the 87th Indian Science Congress Section of Psychology and Educational Services, Pune, India.

Kassino, H., Owens, S., Roth, D. & Fuller, J.R. (November, 1999). Anger and retaliation in a Prisoner's Dilemma Game. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Toronto, Canada.

Fuller, J.R., Kassino, H. (August, 1999). Anger Disorders: frequent, ignored, and possibly/absolutely universal. Paper presented as part of a symposium on Cultural Universals in Psychopathology at the annual meeting of the American Psychological Association, Boston, MA.

Kassino, H., Fuller, J.R. (April, 1999) Science and Single Subject Research Designs. International Professional Seminar at V.M. Bekhterev Psychoneurological Research Institute, St. Petersburg, Russia.

Fuller, J.R. (January, 1999) Anger and Aggression in Adolescence. Paper presented at the international conference on Emerging Issues in Psychology, Osmania University, Hyderabad, India.

Fuller, J.R. (January, 1999) Conceptualizing Anger: Constructs, Manifestations, and Treatment. Invited lecture given for the Golden Jubilee Year, University of Poona, Pune, India.

PROFESSIONAL WORKSHOPS/TRAININGS CONDUCTED

Cognitive Therapy & Rational Emotive Behavior Therapy: Theoretical and Technical Differences: April 1st, 2009

Roosevelt Hospital, Look AHEAD (NIH Funded): Overcoming Overeating: March 1st, 2008.

Dating in the 21st Century: Communication, Cognitive Restructuring, and Self-talk in an Age of Speed and Internet Dating: September 14, 2006.

Center for Obesity Research and Education (C.O.R.E.): Cognitive-Behavioral Interventions for Obesity Management in a Primary Care Practice.

Roosevelt Hospital, Look AHEAD (NIH Funded): CBT, REBT, Motivational Interviewing, Relaxation Techniques, and Social Support for Lifestyle Change in Patients with Diabetes and other Chronic Health Conditions: September 25th, 2006.

Roosevelt Hospital, Look AHEAD (NIH Funded): Integration of REBT into Multidisciplinary Treatment of Obesity Professionals.

Efficacy of Psychotherapy for Anger Presenting Outpatients, October, 2007 (Clinical Seminar).

Advanced Practicum: July, 2007

Primary Practicum: July, 2007

Primary Practicum: January, 2007

Associate Supervision: August, 2006

Advanced Practicum: July, 2006

Primary Practicum: July, 2006

Manualization of Psychotherapy for Anger: January, 2006

Primary Practicum: January, 2006

Cognitive Behavioral Treatment of Anger: November, 2005

Status of Empirically Supported Anger Management, September, 2005

Addictions Practica: August, 2005

Supervisor Primary Practicum: July, 2005

Advanced Practicum: July, 2005

Primary Practicum: July, 2005

The Emotion of Anger: Disorder and Treatment: May, 2005

Supervised Relationship Practica: March, 2005

Primary Practicum: January, 2005

Advanced Practicum: July, 2004

Primary Practicum: July, 2004

Primary Practicum: January, 2004

Coping with Unemployment: December 2003

GRANTS AND RESEARCH AWARDS

- Dissertation Research Award Grant Recipient \$4000.00
- Indian International Conference Travel Award for Research
- Russian Conference Travel Award for Research

EDITORIAL MEMBERSHIP

Editorial Board Member, Journal of Rational Emotive Cognitive Behavior Therapy

Ad Hoc Journal Reviewer, Health Psychology

Ad Hoc Journal Reviewer, Journal of Behavioural and Cognitive Psychotherapy

Ad Hoc Journal Reviewer, Psychological Reports

MEDIA EXPERIENCE AND CONSULTATION

House Broken (2007). Principal in NBC/Universal Studios Pilot Television Show.

Babycenter Magazine (2006). Interviewed regarding REBT techniques to reduce stress during pregnancy.

Caring Today (2006). Interviewed about the use of REBT in the management of maladaptive emotions when caring for medical patients.

PROFESSIONAL MEMBERSHIPS

2005-present NAASO, The Obesity Society

1998-present Association Behavioral and Cognitive Therapy

1999-present American Psychological Association

CONSULTING

Expert Consultant

Granada USA Production Company

House of Fear

March 2008

Research Consultant

Sentry Tech Holding Corporation

October, 2006 – Present

Principal Host

NBC/Universal Studios

House Broken Sizzle Pilot

October 2006

CERTIFICATIONS

Primary Certification in Rational Emotive Behavior Therapy

Advanced Certification in Rational Emotive Behavior Therapy

Fellow of the Albert Ellis Institute

Certified Supervisor of the Rational Emotive Behavior Therapy

Provisional School Psychologist